How to Use Pressair

Patient Education Guide

Learn with - An Interactive training - Engaging animations - Your web cam

Good Inhaler Technique -Increases medicine effect - Saves of cost of medicine - Reduces ER Visits

www.use-inhalers.com

- For cleaning refer to the patient instructions that accompanies your inhaler.
- Following these step by step instructions will help you to inhale medicine effectively.

Step1: Remove the protective cap from Pressair. There are arrows present on the side of the cap, squeeze them and pull outwards.

Step2: Hold pressair with the mouthpiece towards you. The green button should face upwards. Do not tilt the inhaler.

Step3: Press down green button for once. Release it.

Step4: Check the control window. The strip should change from red to green. This indicates that the dose is loaded properly. If the color strip is still red, press the button one more time. Release it.

Step5: Breathe out, away from the inhaler.

Step6: Keep the Pressair mouthpiece in your mouth. Seal your lips tightly around it. Take a quick and deep breath. You'll hear a click, when the medication is released. Continue until you take a full breath.

Step7: Hold your breath for 10 seconds. Breathe out, slowly through your nose.

Step8: Check the control window. The strip should change from green to red. If the strip is still green, repeat 5–7 steps, to take your dose.

Step9: To close Pressair, put the cap back.

Tip: Remember to rinse your mouth thoroughly after taking your dose and spit out the water.

Use-inhalers website is a great resource for Asthma and COPD patients. Learn how to use your Inhaler with interactive audio-visual instructions. Practice using the innovative webcam feature.