

How to Use Neohaler

Patient Education Guide



Learn with - An Interactive training - Engaging animations - Your web cam
Good Inhaler Technique -Increases medicine effect - Saves of cost of medicine - Reduces ER Visits

www.use-inhalers.com

- For cleaning refer to the patient instructions that accompanies your inhaler.
- Following these step by step instructions will help you to inhale medicine effectively.



Step1: Open the cap from the Neohaler.



Step2: Hold the base firmly. Tilt the mouthpiece to open it.



Step3: Insert the capsule in the base chamber of the Neohaler.



Step4: Close the mouthpiece. You'll hear a click when the mouthpiece is closed correctly.



Step5: Hold the Neohaler straight up. Press both the buttons once and leave. You'll hear a click. Doing so, makes holes in the capsule and easily releases the medicine, when you are breathing in.



Step6: Exhale away from the inhaler.



Step7: Keep the Neohaler in your mouth and take a quick and deep breath. When you do this, you'll hear the capsule vibrate.



Step8: Hold your breath for 10 seconds. Exhale slowly through your mouth or nose.



Step9: Take another breath in through the mouthpiece. This ensures that you get your complete dose of medicine.



Step10: Open the inhaler's mouthpiece, remove the used capsule, and throw it away. Do not keep capsules in the inhaler.



Step11: Close the mouthpiece and then cover the inhaler.

Tip: Remember to rinse your mouth thoroughly after taking your dose and spit out the water.

Use-inhalers website is a great resource for Asthma and COPD patients. Learn how to use your Inhaler with interactive audio-visual instructions. Practice using the innovative webcam feature.

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